

課程名稱 (course name)	亞太地區糧食安全和營養狀況概覽				
	An overview of food security and nutrition situation in Asia and the Pacific				
開課系所班級 (dept. & year)	通識教育中心	學分 (credits)	2	規劃教師 (teacher)	Kumar
課程類別 (course type)	必修	授課語言 (language)	英文	開課學期 (semester)	上
課程簡述 (course description)	本課程的目標是概述亞太地區的糧食安全和營養狀況。				
	The goal of this course is to provide an overview of food security and nutrition status of the Asia-Pacific region.				
先修課程 (prerequisites)	無				
課程目標與核心能力關聯配比(%) (relevance of course objectives and core learning outcomes)					
課程目標	course objectives			核心能力 core learning outcomes	配比 合計 100%
1. 增加對亞太地區糧食安全、飲食、營養和福祉問題的了解。 2. 學習全球思惟。	1. To increase the knowledge about food security, diet, nutrition, and well-being issues in the Asia-Pacific region. 2. To practice global thinking.			人文素養	0%
				科學素養	30%
				溝通能力	15%
				創新能力	30%
				國際視野	25%
				社會關懷	0%
課程目標之教學方法與評量方法 (teaching and assessment methods for course objectives)					
教學方法 (teaching methods)			學習評量方式 (evaluation)		
講授 lecture、 討論 discussion、 專題探討與製作 group project (Food and health)			出席狀況 attendance/ participation 10% 作業 homework 10% 口頭報告 oral presentation 40% 書面報告 reports 40%		

授課內容 (單元名稱與內容、習作 / 考試進度、備註)
(course content and homework / tests schedule)

Week	Topic of the lecture
1	Course introduction
2	The pre-existing food security and nutrition situation in Asia and the Pacific
3	Asia and the Pacific Regional Overview of Food Security and Nutrition
4	Dietary Guidelines for the Asia Pacific Region
5	Health and under nourishment in Asia–Pacific region
6	Importance of maternal and child diets for the health and wellbeing
7	Consequences of diets lack vital macro and micronutrients in Asia–Pacific region
8	School feeding and nutritional status
9*	Mid-term exam
10	Challenges and possible solutions to improve maternal and child diets in the Asia and Pacific region
11	Household food security in Asia–Pacific region
12	Nutrition statistics in Asia–Pacific region
13	Diet and hypertension in the Asia–Pacific region
14	Role of diet and nutrition in the context of the COVID-19 pandemic prevention in Asia and the Pacific
15	How COVID-19 has harmed nutrition in Asia and the Pacific
16	Nutritional surveillance in the Asia–Pacific region
17	Sustainable nutrition in the Asia-Pacific region
18	Final exam and presentation

教科書與參考書目 (書名、作者、書局、代理商、說明)
(textbook & other references)

<https://uhpress.hawaii.edu/bookseries/food-in-asia-and-the-pacific/>.
<https://www.fao.org/documents/card/en/c/cb2895en/>
<https://www.taylorfrancis.com/chapters/edit/10.4324/9781003115670-19/asia-pacific-nutrition-health-mark-wahlqvist?context=ubx&refId=895dbfc9-72de-4cd6-8055-523ba191e72c>.
https://www.iges.or.jp/en/publication_documents/pub/bookchapter/en/1842/reprint+of+chapter+10+food+safety_final.pdf.

課程教材 (教師個人網址請列在本校內之網址)
(teaching aids & teacher's website)

TBA

課程輔導時間
(office hours)

另行公告