

NCHU's Undergraduate PE Course Selection Guidelines for the 1st Semester of the 2024 Academic Year

1. PE courses are both compulsory courses and electives; students can select the PE courses that they are interested in taking. Since the 1st Semester of the 2022 Academic Year, Physical Education: 2 credits, not included in the credits for graduation. For extra 2 PE credits can be counted as other departments. The credits counted for graduation qualification must comply with the regulations of the fifth article of the school's student course selection regulations. Undergraduate students cannot select extension education undergraduate program PE courses and vice versa. Students can take up to 1 PE course each semester. Graduating students that have not yet earned 2 PE credits should enroll in winter/ summer programs in compliance with the NCHU Regulation for Summer Time Classes and Course Selection and Implementation Rules for Inter-University Courses Selection to earn the necessary credits for graduation.
2. Freshmen students should add/remove PE courses during the online pre-selection period (course selection day for your department) and the school-wide online add/remove course period. Please refer to item 4 below for any special cases. Freshman students can select courses on the fourth day of the course selection period (9/5), while students of other grades can select courses on the fifth day (9/6) of the course selection period.
3. Sophomore students and above will be able to select PE courses during the last day of the pre-selection period (9/6), the school-wide online add/remove course period (9/9-9/13). Please make sure to select PE courses during the designated course selection times and check the Office of Academic Affairs for announcements on PE course selections.
4. How to apply for authorized PE course selection:
 - 4.1 Each PE course will have up to 4 seats for authorized PE course selection, with priority given to students in the senior students and above. Due to limited facilities or the nature of the courses, swimming, canoeing & kayaking, and weight training will not be available for course selection. Senior students and above can apply for authorized PE course selection between 9/16-9/20.
 - 4.2 Applicants should submit their updated weekly schedule and teacher's signed/ stamped application form to the Division of Teaching and Research and then select the authorized course online during the authorized course selection period (9/16-9/20).
5. Graduate students should select PE courses during the school-wide online add/remove course period. Regarding payments for PE courses, please refer to Article 5 Item 6 of the NCHU Guidelines on the Payment of Miscellaneous Fees, Credit Fees and Other Fees: Graduate students or extension program undergraduates who take physical education or national defense education shall pay the credit fees according to the number of hours taught weekly in accordance with the credit fee scale of the College of Arts.
6. Adjustment & Interaction courses are exclusively for students with disabilities or physiological diseases that can not enroll in regular PE courses. If you are eligible for Adjustment & Interaction

courses, please bring a doctor's note issued by a regional hospital or medical center within the past three months to the Office of Physical Education and Sports' Division of Teaching and Research on 9/11 (Wed.). To ensure teaching quality, Adjustment & Interaction courses can only accept a maximum of 8 students. Sophomore students and above will have priority when selecting courses. Adjustment & Interaction courses will be held in the 2F dance room.

7. Others:

7.1 Student-athletes are required to enroll in Men's Varsity or Women's Varsity courses for 3 academic years (6 consecutive semesters) to graduate. Student-athletes specializing in sports that NCHU does not have a varsity team for are exempt from this rule.

7.2 Students registering for Men's Varsity or Women's Varsity courses will not be able to select the course and will have to register with the teams' coaches after the university starts.

7.3 According to Article 11 of the NCHU Varsity Team Training & Coaching Regulations, students on varsity teams cannot apply to withdraw from varsity courses.

7.4 Students taking tennis, badminton, and table tennis should bring their own rackets or paddles (students taking badminton should bring their own badminton shoes for indoor courts). Students taking swimming should bring their own swim gear.

7.5 Please wear sportswear and sneakers or comply with the course lecturer/professor's suggested outfits for PE courses.

7.6 Beginner's volleyball is only for students that are unable to maintain 50 overhand/underhand passes against a wall (in air) or students that are unable to maintain 50 overhand/underhand passes with another player.

7.7 Advanced volleyball is only for students that have mastered the fundamentals of overhand/underhand passes. If you have not taken a beginner's volleyball course yet, please do not register for advanced volleyball courses.

8. To protect the interests of NCHU students, **PE courses are not available for students from other universities.**

9. If you have any other questions regarding how to select PE courses, please contact the Office of Physical Education and Sports' Division of Teaching and Research.